

Winter 2019

Philanthropy *Matters*


PARTNERING WITH YOU TO SUPPORT A HEALTHY COMMUNITY.

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Dear Friends,

As the crisp fall days wind down and we begin to welcome winter, MaineGeneral Health (MGH) has been busier than ever taking care of our communities. Many of you braved the weather with us on October 12 and demonstrated that a little rain can't dampen hope (p.8) – showing the collective impact of a community that cares and raising more than \$150,000 in support of cancer care, close to home.

We celebrated the opening of a new outpatient location in Gardiner (p.4), extending our reach and enhancing our service lines to better serve you. Over the course of four weeks in September, the MGH family rallied to raise more than \$400,000 through our Employee Combined Campaign (p.14); supporting both MGH programs and community needs through our partnership with our local United Ways. Your kindness has made a difference, and we are excited to share the success of our last fiscal year (p.16).

We hope this issue of *Philanthropy Matters* finds you well and that you enjoy reading about what we've been up to and how your kindness has made a difference. The work we do every day would not be possible without people like you and we feel very fortunate to serve this mission and to hear the stories about why giving matters to you. If we haven't had a chance to meet, please reach out! We are just a phone call or email away, and getting to know you is the best part of the work we do.

With warmth and cheers to the upcoming New Year,

Nicole & Sarah

Nicole McSweeney & Sarah Kalagher

philanthropy@mainegeneral.org

207-626-1809

MaineGeneral *Happenings*

MaineGeneral has been named one of the 2019 Best Places to Work in Maine.

This awards program of the Society for Human Resource Management - Maine State Council (MESHRM) and Best Companies Group identifies and recognizes the best places of employment in Maine, benefiting the state's economy, its workforce and businesses.

MaineGeneral Health is filled with dedicated, compassionate and highly skilled clinical and support staff who display "excellence at work" in their interactions with patients, family members and visitors.

Each member of our team strives daily to provide the best care and services possible to patients, families, coworkers and our community.

Excellence at Work is not a tagline. It's a way of life at MaineGeneral Health!



2019 Best Places to Work in ME



MaineGeneral's newest location now open in Gardiner

MaineGeneral Medical Center offers a variety of high-quality health care services at its new Gardiner facility, which opened Monday, October 7. The facility, with convenient access right off of I-295, includes Gardiner Family Medicine; MaineGeneral Express Care; MaineGeneral Orthopaedics; Workplace Health; Imaging; and Lab. Having all of these services in one place results in better, more coordinated care close to home.

MaineGeneral will soon be launching **Save My Spot** at its new Express Care location in Gardiner, as well as its other Express Care sites in Augusta and Waterville. With Save My Spot, you can go online, choose your location and time, fill out a basic form and wait from the comfort of your home. You can check wait times online as well. Once you arrive and check in at MaineGeneral Express Care, you will be seen promptly by a member of our medical staff.

With Save My Spot, you can spend less time waiting for care when you don't feel well. Walk-ins are always welcome, too.

Go to www.mainegeneral.org/expresscare to learn more. If you or someone you know is experiencing a life-threatening illness or injury, call 911.

Women's Residential Program Building a Strong Foundation

Our women's residential program (WRP) serves women struggling with addiction to alcohol, opioids and other substances. Many of the residents also suffer from mental illness, are at high risk for medical problems and/or have experienced trauma or hardships. This program is designed to provide the extra structure, education and skills needed to promote a strong foundation of recovery skills. This foundation is key to successful community reintegration and long-term sobriety.

Currently, the program accommodates eight women and there often is a waiting list. As we see the need and impact this has in our community, we're expanding the program – doubling its size to meet the needs of 16 clients.

for Recovery

Consider a gift to help more women in our community change their lives, reunite with their families, go back to school/work, and live healthy and sober lives.

give.mainegeneral.org/recovery



"Having the opportunity to build skills and have support has helped me put the pieces of my life back together. I have reclaimed my life, found my moral compass to guide me and I am forever grateful for the treatment I received at the MaineGeneral Women's Residential Program."

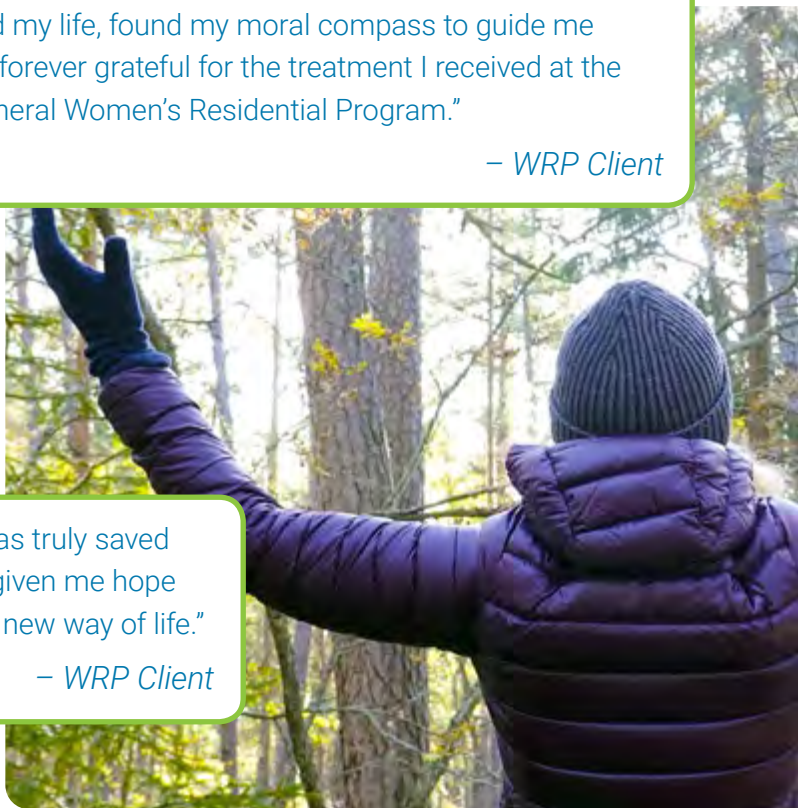
– WRP Client

"I got a job within two weeks of leaving the Residential Program and moved my way up to the job I have now that I absolutely LOVE! I've accomplished so much since the night the ambulance took me out of my daughter's house after an overdose and I couldn't have done it without the help from the MaineGeneral Women's Residential Program."

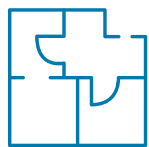
– WRP Client

"This program has truly saved my life and has given me hope for myself and a new way of life."

– WRP Client



Our plan to *expand* from an 8-bed facility to a 16-bed facility



Living Area

Renovations include: expanding the living area to accommodate 16 residents (up from 8), creating therapy rooms, upgrading security systems and more.



Household Items

MGH will purchase hospital grade sheets, comforters, pillows, curtains, towels, cookware, picnic table and more.



Appliances

MGH will purchase commercial appliances such as a refrigerator, stackable washer and dryers, bunk beds, stove and hood, couch, dishwasher, microwave and more.



Children's Games and Toys

Residents would like fun games and toys for when their children come and visit such as board games, cards and outdoor toys.



Generosity Meets *Gratitude*

Grateful hearts gathered at the Alfond Center for Health on August 15, as we welcomed scholarship recipients to share a meal and their stories with members of MaineGeneral leadership and the funders of their scholarships. We congratulate all of these students on their academic achievements and their worthy pursuits of a career in medicine.



\$47,000

FROM 17 FUNDERS

"All of you have stories. Those heartfelt experiences that illustrated why you are choosing a life serving others, demonstrating empathy and caring. Sharing personal and family experiences with health care, both good and bad, uplifting and tragic. Please remember all of these accomplishments and experiences as you dive into the next chapter of your lives. Lean into the remembrance of this history to drive you forward to the good and worthy work in medicine."

— Andy Dionne,
Chief Medical Officer,
MaineGeneral Health



2019 Scholarship Recipients

Destiny Anair

Grace Bachelder

Maddie Beckwith

Amanda Benner

Kayla Brooks

Suzanne Bryan

Fern Calkins

Megan Charrier

Jada Choate

Shelby Cobb

Rebecca Cook

Stephanie Corliss

Jessica Cunningham

Tabitha Daoust

Taylor Davis

Sara Doughty

Danielle Doyon

Jilleon Farrell

Laurie Flood-Jensen

Stephanie Gerard

Kimberley Gibbs

Charity Gobeil

Andrew Goodall

Anne Guadalupi

Larissa Hannan

Samantha Heath

Kayla Hodgkins

Sidney Knox

Abigail Larochelle

Hannah LeClair

Jordanne Lounsbury

Seth Main

Chase Malloy

Reagan Parlin

Haley Pelletier

Dominic Pizzo

Haley Quirion

Gabrielle Richards

Hunter Richardson

Jessica Rollins

Brooke Shaw

Heather Smith

Sarah Spahr

Kayla Sproul

Julia Stahlnecker

Janelle Tompkins

Rebekah Sue Tondreau

Samantha Tracy

Paige Trask

Benett Trinh

Brooke Tripp

Kaylyn Trussell

Jessica Turcotte

Kassidy Wade

Samantha West

Eric Westcott

Rain Can't Dampen *Hope*

The morning of October 12 was gray, rainy and dreary. But that didn't stop more than 900 cancer survivors, fighters and loved ones from gathering at Mill Park in Augusta. **Rain can't dampen hope**, and this was clearly demonstrated by the smiles, hugs and laughter as our community of hope marched through Augusta's downtown. We celebrated the convergence of strength and healing as we lifted up our fighters, celebrated our survivors and honored those we've lost.



We were joined by our three marshals: Heidi Sherburne, a stage 4 breast and ovarian cancer survivor; Joel Blackwell, a Hodgkins Lymphoma fighter; and Jennifer Morrow, a breast cancer fighter (p. 12). They stood up during the survivor ceremony, invited survivors and fighters to stand with them, and reminded us that this community comes together to show that we are stronger together and that no one has to walk alone.

As always, your dollars, steps and presence make a difference. With more than \$150,000 raised, funds continue to stay close to home and this year will provide technology advancements to key radiology oncology tools: LINAC and 3D Tomography. Both of these pieces of equipment provide improved accuracy and clearer imaging in the steps toward diagnosis and treatment — improving survivorship. This upgrade will advance the Harold Alfond Center for Cancer Care (HACCC) to having the most up-to-date technology in the state, enhancing our ability to bring the very best in cancer care to you, close to home.

We offer our heartfelt thanks to the many area businesses that helped make this genuine community effort possible through sponsorships and gifts in kind.

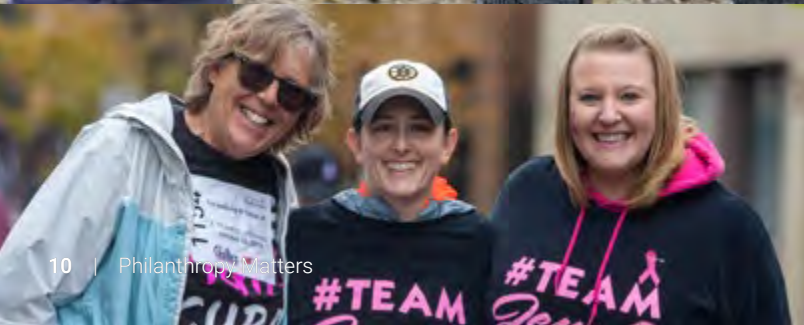


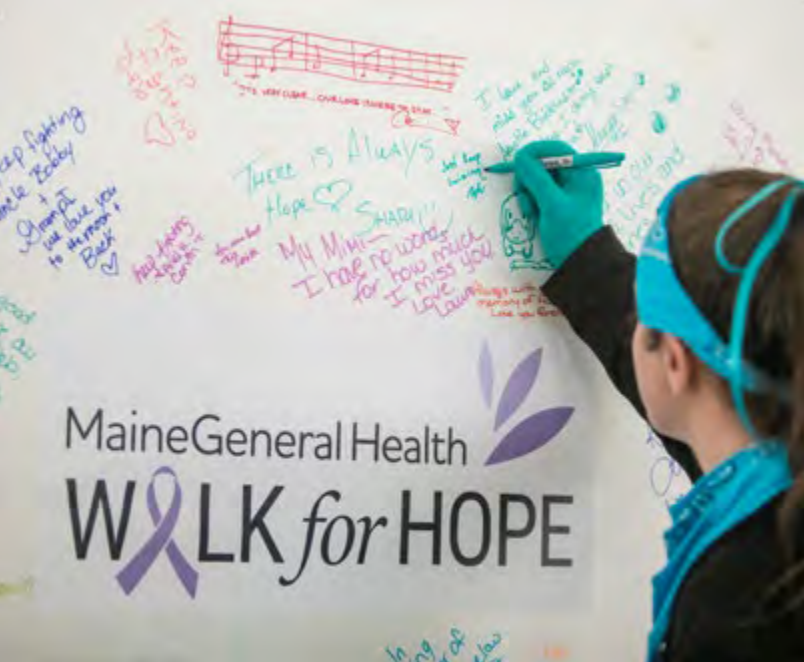
Community of Hope	\$30,000	Charlie's Family of Dealerships
Main Event	\$10,000	New Balance Foundation
Step it Up	\$5,000	Kennebec Savings Bank
Hope Shoppe	\$5,000	G&E Roofing
Survivor Sponsor	\$2,500	TRC Marshall Tent and Event Rental
Venue Sponsor	\$2,000	City of Augusta
Hope Sponsor	\$1,000	Augusta Fuel Company Capital Area Federal Credit Union JF Scott Construction Lincoln Financial Minuteman Signs WIPFLI
Caring Sponsor	\$500	Performance Foodservice - Northcenter
Gifts In Kind: Fred's Coffee Panera		



We want to extend a special note of appreciation to the Augusta Police Department, the Augusta Downtown Alliance, and the City of Augusta's Department of Community Services, Bureau of Recreation and Bureau of Parks, Cemeteries and Trees. This event would not have been a success without the partnership of these agencies and their communication, hard work and dedicated staff, to create a meaningful, safe experience for our community of hope.







Heidi

Heidi had just gotten married in June 2005. She and her new husband were celebrating their honeymoon at the beach when she felt a stabbing pain in her chest. After several rounds of diagnostics, she was diagnosed with **stage 4 breast cancer**.

8 rounds of chemotherapy.

35 radiation treatments.

Full mastectomy.

An ovarian cancer diagnosis.

Removal of her ovaries.

Each followed the other, challenging Heidi every step of the way. But every day, she got up and **she fought**. She fought for her life and she kept working while doing it. A coworker who nominated Heidi to be a marshal at this year's Walk for Hope commented, "Heidi never let cancer stop her from going above and beyond in her work. She has been resilient and strong and I can't think of a better person to lead the Walk for Hope."

Jennifer

Jennifer was pregnant with her second son when she experienced swelling under her arm. A lump developed in her breast and she became concerned she wouldn't be able to nurse her baby. She knew something wasn't right, and further testing and diagnostics gave the answer no one wants to hear – breast cancer. Keegan was born and shortly after, Jenn began a rigorous round of chemotherapy – thankful that a targeted treatment was available for her specific, rapid, aggressive, tumor type.

Jenn is still fighting. With testing, surgery and potential radiation treatments looming, she wakes up every day prepared to fight and to be strong for 6-month-old Keegan, and 8-year-old son, Blake.

They are why she walks.

Meet o Mars



ur hals



Joel

Joel served our country, returning home from a deployment in 2006. He had a plan for his life; rising in the ranks of the military, getting married, having children. Cancer changed everything. Joel was diagnosed in 2006 with Hodgkins Lymphoma. He received treatment at “the old” MaineGeneral, on East Chestnut Street. He went into remission – and then his cancer came back. In 2013, he received treatment at the HACCC and again, his cancer entered remission. And then it came back. Another round of treatment in October 2018 has sent his cancer back into remission. This battle on the home front has been a wakeup call to Joel, a wakeup to his faith and purpose.

When asked what the Walk for Hope means to Joel, he says, “The Walk represents strength – there are so many who can’t walk and who aren’t here. Walking for them is important, showing a united front in the face of cancer.”

“Every one of
our paths is
different.

Yet we
walk them
together.”

– Reyna I. Aburto

MaineGeneral *Believes*

Every year, MaineGeneral invites its employees to participate in a campaign of kindness. We ask employees to think about what they believe and to consider making a gift in support of programs that mean the most to them. We partner with our local United Way programs to support the community we live, work and play in and we also select five priority MGH missions to be beneficiaries of the campaign.



This past fall, employees rallied to raise a record-shattering **\$405,841** – truly demonstrating how much good can be done when we come together to give the gift of caring to our communities.

Comfort Care at Glenridge: Comfort Care provides a treatment option to patients and families as goals of medical care change from curative strategies to comfort and enhancing quality of life.



Construction is underway for a welcome vestibule and family room at the wing's entrance. This area will have a kitchenette, guest restroom, children's area and comfortable seating designed to foster togetherness outside the confines of a patient room.

Alzheimer's Care Center (ACC):

The mission of MaineGeneral's award-winning ACC, located in Gardiner, is to partner with families to provide the best care through the devastating effects of Alzheimer's and other forms of dementia.



The ACC has a 30-bed residential program and also welcomes 8-16 clients for adult day services.

Employee Education Fund: Education is one of the most effective ways for MaineGeneral to remain on the leading edge of exceptional patient care. All employees, clinical and non, are encouraged to use the Employee Education Fund to further develop their skills.



Hospital Employee Action Response Team (HEART):

The HEART Fund offers financial assistance to employees and volunteers facing catastrophic, life-changing issues, such as a house fire, accident resulting in loss of work and/or property, major illness, etc.



Mobility Matters (Inpatient Chairs):

The inpatient chairs at the Alford Center for Health have seen better days. After five-plus years of constant use, all 192 chairs need to be replaced to enhance functionality and patient mobility.





\$405,841
TOTAL RAISED
BY **1,599**
EMPLOYEES

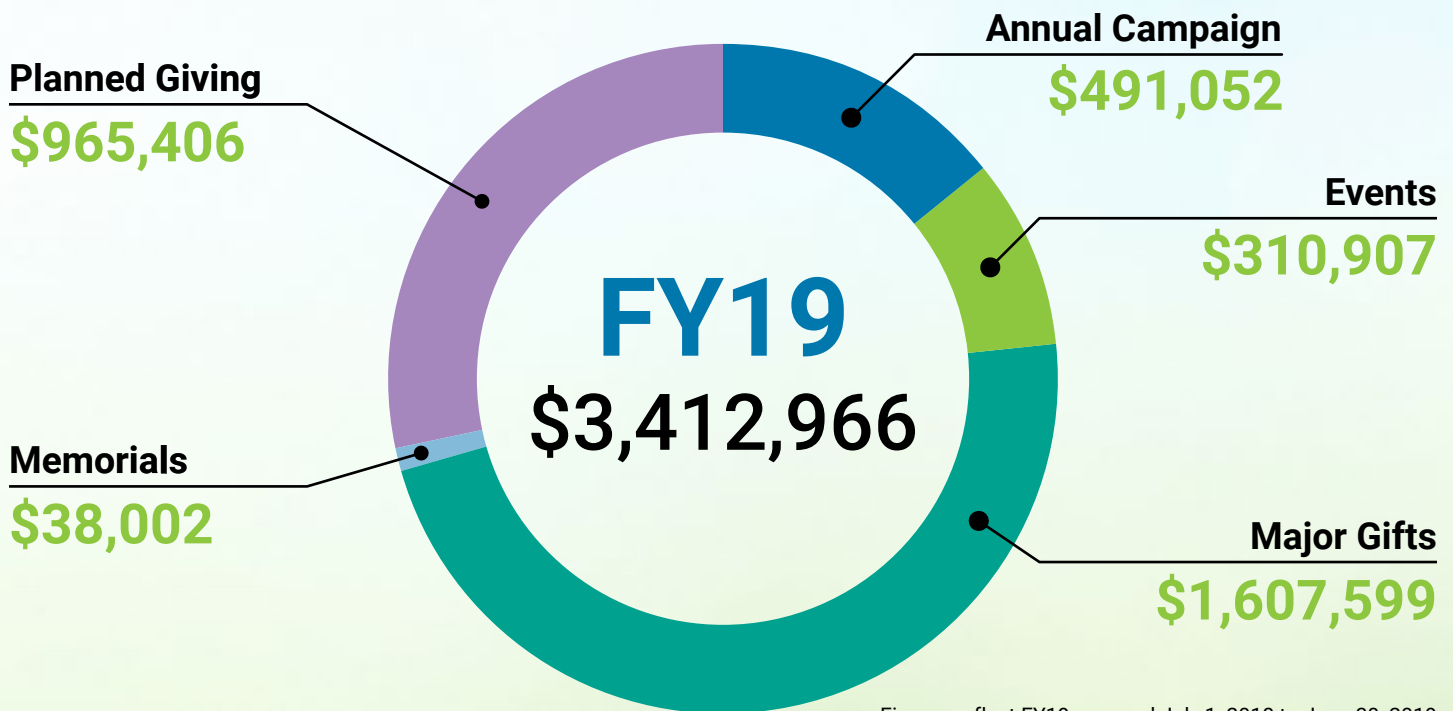


A Year in *Review*

Winter 2019

June 30 marked the end of our fiscal year and we ended with a bang, exceeding our established fundraising goals. This wouldn't be possible without you!

President's Circle (PC) membership grew for the fourth year in a row and laid a solid foundation of support – contributing more than \$525,000 to the year's success.



Figures reflect FY19 year end July 1, 2018 to June 30, 2019

Our current fiscal year is off to a great start; since July 1, 2019 MaineGeneral Health has been awarded 9 grants and received \$1.4 million in funding to address needs such as community health, food insecurity, remote patient monitoring and substance use disorder treatment and support.

Renovations are wrapping up at Comfort Care with an addition of a family room suite nearing completion. Thanks to the support of donors like you, families will now have a space to meet, rest and eat outside of the patient room, giving space and comfort to those saying goodbye to their loved ones.

Give the Gift of *Health*

Year-End Giving

As the calendar year winds down and you think about making tax-deductible charitable contributions before January 1, keep the health of our communities in mind. Make a gift to the area that means the most to you and enjoy the tax benefit!

Reminders About Year-End Giving

Gifts being mailed USPS must be postmarked by 12/31/19.

Gifts made online using a credit card may be made as late as 12/31/19. You should receive an immediate confirmation of your gift at the email address you provide; use this confirmation as your receipt.

The gift date for stock or mutual funds transferred electronically is the date the shares arrive in MaineGeneral's account. At year end, many brokerage companies are overwhelmed with transactions. Please allow time for the transaction transfer and call our office at [207-626-1809](tel:207-626-1809) to ensure proper credit.

Interested in making a gift via stock transfer?

For broker transfers:

DTC#: 0075

Account #63494701

Kennebec Wealth Management

FBO: MaineGeneral Health

Honor or Remember a Loved One

Memorial and tribute gifts are a wonderful way to recognize someone special while giving the gift of health to others. Gifts of any size make a lasting impression for those being honored and for the family and friends of those being remembered. For more information, call [207-626-1809](tel:207-626-1809) or visit give.mainegeneral.org/honor.

Monthly Giving

Making a small gift each month can add up to a big impact over the course of a year. Consider becoming a Sustaining Member of MaineGeneral's annual fund with a convenient monthly contribution (which means less mail and no renewal notices!) using your credit card, debit card or bank account.

Visit give.mainegeneral.org/sustaining to make this incredibly meaningful gift.

Not sure what to give the person who has everything this holiday season?

Consider giving the gift of recovery in their honor. See page 5 for more information.



Gifts of every size make a difference and we hope you'll consider a gift to the area that means the most to you. Make your gift securely online at give.mainegeneral.org or mail to:

MGH Office of Philanthropy
PO Box 828
Waterville, ME 04903

We welcome calls, too: [207-626-1809](tel:207-626-1809).

Community Connections



13th Annual Erskine Academy Cancer Walk

June 2019
Erskine Academy, South China
Beneficiary: \$6,687 to the Harold Alfond Center for Cancer Care (HACCC)

Erskine Academy students hosted their 12th annual Cancer Walk for the HACCC. Student Council officers Liz Sugg and Tara Maltese presented the check as organizers of the school-wide project. To date, students have raised more than \$53,487 for the HACCC!



Subaru Loves to Care

July 2019
Augusta
Beneficiary: HACCC

Thank you, Charlie's Family of Dealerships, for your Subaru Loves to Care donation to the HACCC! Charlie's Family of Dealerships selected the HACCC to be the recipient for the national Subaru Loves to Care program that partners with the Leukemia & Lymphoma Society to provide blankets and notes to cancer patients in treatment. We appreciate you selecting us as a recipient as well as providing leukemia and lymphoma awareness to our community through your customers. Your dedication to our community is humbling!



Augusta Country Club Cares

August 15, 2019

Augusta Country Club

Beneficiary: \$17,500 to the HACC

The HACC was presented a check for \$17,500 from the Augusta Country Club Women's Golf Association (ACCWGA).

The association, along with General Manager Jason Hurd, was on hand to celebrate this amazing total from the ACCWGA Golf Tournament!

Funds raised the day of the tournament by ACCWGA and community members participating in the golf tournament will be used to purchase new wheelchairs for cancer center patients. Sue Hanna, a MaineGeneral volunteer, saw a need and jumped into action to supply the center with new wheelchairs. When added to their previous efforts over the past seven years, the ACCWGA has contributed a total of \$62,138!

MaineGeneral Sports Medicine Sports Trek 5K

July 2019

Quarry Road Trails, Waterville

**Beneficiary: \$2,843 to MaineGeneral's Edmund N. Ervin
Pediatric Center**

The inaugural Sports Trek 5K gathered hearty racers to run a 5K through the challenging Quarry Road Trails in July heat! Proceeds benefitted the work of the Edmund N. Ervin Pediatric Center and brought awareness to MaineGeneral Sports Medicine's many offerings and community programs.





10th Annual Steve's Cup

September 14, 2019

JW Parks Golf Course, Pittsfield

Beneficiary: \$3,000 to the HACCC

In their 10th and final year, the friends and family of Stephen O. Weymouth have honored his memory by holding Steve's Cup Fundraiser at the JW Parks Golf Course in Pittsfield. This year, they raised \$3,000 to add to their 10-year grand total of \$23,200 for the Harold Alfond Center for Cancer Care (HACCC). Not only has this group raised funds for the HACCC, they've also worked hard to raise awareness about colon cancer and encourage good colon health.



Pumped Up to Fight Cancer

April 1, 2019

Tradewinds, Clinton

Beneficiary: \$7,635 to the HACCC Patient Needs Fund

Tradewinds continues their generous support of community cancer care by donating one cent for every gallon of gasoline pumped at their store. In their third year, they've raised an impressive \$7,635 – bringing their grand total as of May 2019 to \$38,200!

Cuddle Cots

October 2019

Madeline's Mission

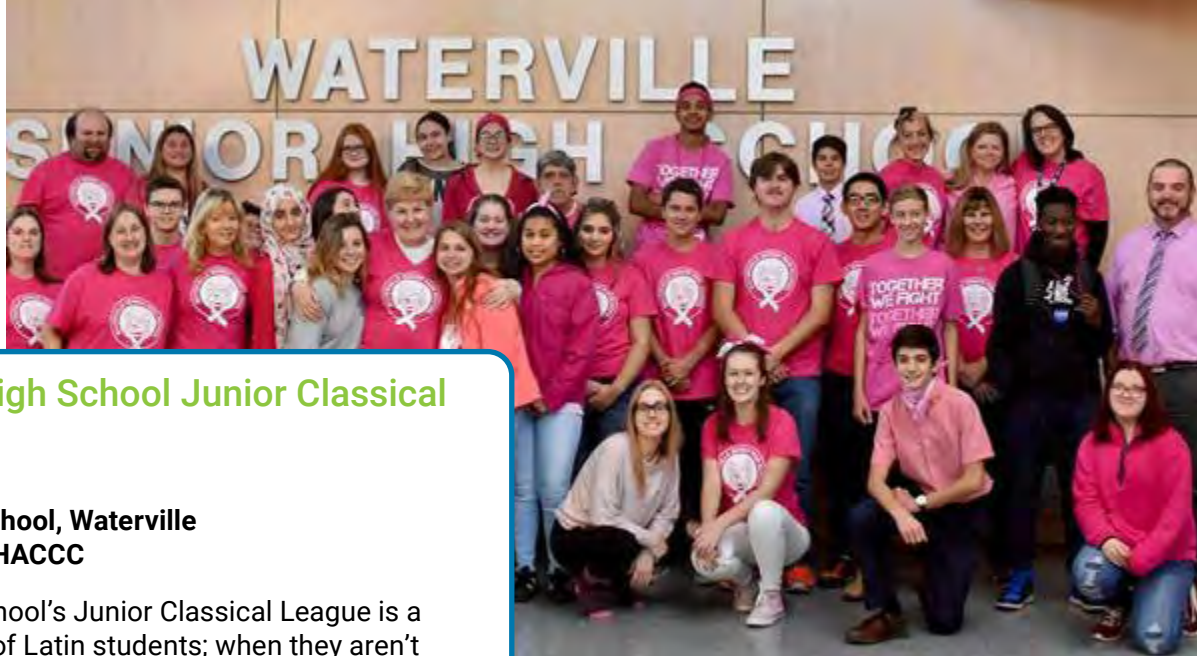
Beneficiary: Alfond Center for Health

Madeline's Mission, a nonprofit based in Midcoast Maine, delivered a Cuddle Cot bassinet to MaineGeneral Medical Center's Alfond Center for Health (ACH) to support families who have experienced the loss of a child.

The gift will enable the parents of babies who have passed away to have more cherished time with their child.

Thank you to all those who made this generous gift possible.





Waterville Senior High School Junior Classical League

October 2019

Waterville Senior High School, Waterville

Beneficiary: \$500 to the HACCC

Waterville Senior High School's Junior Classical League is a student organized group of Latin students; when they aren't competing in Latin competitions across the state, they are focusing on their community. This year, with the help of other students, they hosted their annual "Pink Out" fundraiser. Staff and students were asked to donate a dollar for wearing pink, resulting in a donation of \$500 to the Harold Alfond Center for Cancer Care.

Drive Out Cancer

October 2019

Cony High School, Augusta

Beneficiary: \$6,628.66 to HACCC

On October 4, rivalries were put aside as Cony and Gardiner field hockey came together to support cancer treatment in the community. It was Cony's turn to host the 11th annual Drive Out Cancer game, and they delivered an amazing \$6,628.66 check to the HACCC, directly supporting cancer care in their community. This is Drive Out Cancer's 11th year and brings their cumulative total to \$103,362! Thank you to these teams for coming together for a great cause!



Annual Campaign *Donors*

7/1/18 - 6/30/19



Founder's Circle - (\$25,000.00 +)

Harold Alfond Foundation
Peter Alfond Foundation
Anonymous Donor

- ④ Charlie's Motor Mall, Inc.
- MaineGeneral Medical Center
Auxiliary
- United Way of Kennebec Valley

Benefactor's Circle - (\$10,000.00 +)

ACC Women's Golf Association
Anonymous Donor
Cara Charitable Foundation, Inc.
Clinton Petroleum LLC
Cony/Gardiner Drive Out Cancer

- ④ Norman and Teresa Elvin
- ④ Kennebec Savings Bank
- MaineGeneral Medical Staff
- Michael and Beth Nowak
- Mr. Norman J. Pomerleau
- The Shuman Family
- The Charles A. Dean Memorial
Trust

Advisor's Circle - (\$5,000.00 +)

- ④ Augusta Fuel Company
- Erskine Academy Students
- Paul and Alison Gagliardi*
- Mr. and Mrs. Albert P. Gagne
- Hammond Lumber Company
- Mr. Peter W. Redmond
- Dianne and Allen Ryan
- Eric Stram, MD and Shari Stram,
DVM
- United Way of Mid-Maine

Leadership Circle - (\$2,500.00 +)

Ms. Lana M. Ballard
Mr. and Mrs. Carl Beck
Mrs. Mary Duke Blouin

Chest Medicine Associates
Robert Dohner, DO
Ernest Bracy Memorial Trust
Fund

- ④ Golden Pond Wealth
Management
- Dr. David W. and Nancy I. Hay
- Chuck and Maria Hays
- Hight Chevrolet - Geo - Pontiac
- ④ JF Scott Construction Company
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- Dervilla McCann, MD and
Stephen Meister, MD
- Hon. Patrick O'Donnell

- ④ Performance Foodservice -
NorthCenter
- Mrs. Nancy G. Rines
- John and Lisa Rosmarin
- Mr. and Mrs. Geoffrey S. Stiff
- Mrs. Marie Stone
- The Thomas Agency, Inc.
- ④ WIPFLI

President's Club - (\$1,000.00 +)

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Mr. and Mrs. Richard Albert
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Dr. Michael Klein
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Ms. Theresa M. Bonsey
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Emilie van Eeghen and
Richard Tory
Ken and Margaret Viens
Dr. Lara M. Walsh
Dr. and Mrs. Forrest West
Mrs. Barbara Wiggins
Jason Wyse, MD

Corporate Partners - (\$1,000.00 +)

Colby College Students
Delta Ambulance Service
Key Bank
KV Federal Credit Union
Lawrence Girls Basketball
Meadow Park Development
Corp.
New Balance Athletic Shoe
North Augusta Trailblazers
Oakes & Parkhurst Glass
Pine State Trading Company
Sizzle Tanning, Hair & Nails





Sprague and Curtis Real Estate
Town of Farmingdale
Town of Jefferson
Town of Wayne
Town of West Gardiner
Town of Whitefield

Patron - (\$750.00 +)

Marty and Linda Allen
Anonymous Donors (2)
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Ms. Lynda L. Chung
Darling's
Ms. Susan Folk
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