

Philanthropy Matters

Partnering with you to support a healthy community.



Community

isn't just where we live:

It's what we

build together.

Philanthropy Matters

PhilanthropyMatters serves as a newsletter to MaineGeneral's supporters and friends. Information is written by MaineGeneral's Philanthropy and Marketing staff.

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Greetings!

Dear friends,

We've been thinking a lot lately about what it means to belong to a community – and how lucky we are to be a part of this one.

In this issue of *PhilanthropyMatters*, we're excited to share some of the powerful ways your support is making a difference: local fundraisers who turned gratitude into action by raising funds on our behalf (p.6), recent grants changing lives right here in Central Maine (p.10), and an update on the Harold Alfond Center for Cancer Care's expansion that so many of you have helped bring to life (p.12).

Everyone has a "why" behind their choice to support MaineGeneral, and we're honored to share John Reuth's (p.5). Stories like his are the most meaningful part of our work; it's an honor to steward generosity to impact.

These are difficult times, and we're leaving space for Nathan to share his own thoughts on the challenges health care systems like ours are navigating – and why your continued support matters more than ever.

In a time when so much feels uncertain, your commitment reminds us that community isn't just where we live; it's what we build together.

Thank you for believing in this work and supporting our mission. We couldn't do it without you.

With warmth and gratitude,

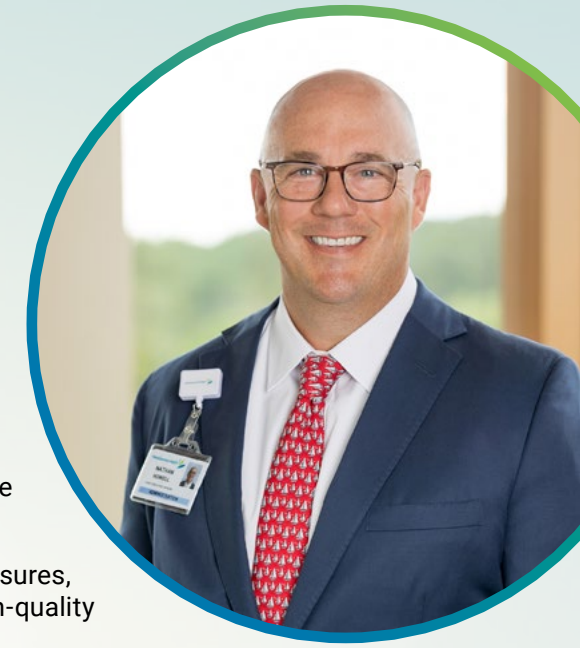


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A Message from Our CEO



Dear friends and supporters,

Every day here at MaineGeneral, we see the power of community in action. Whether it's a family welcoming a newborn baby, a cancer patient ringing the bell after treatment or a grandparent regaining mobility after surgery, we're reminded every day that the work we do is about the people we serve. And that work is made possible through support like yours.

In a time when health care systems across the country are facing significant pressures, your generosity has helped keep MaineGeneral a source of hope, healing and high-quality care – right here, close to home.

Recent news about the closure of Northern Light Inland Hospital and reductions of services across the state has brought understandable concern. These changes highlight just how precious local access to health care can be.

Thanks to you, MaineGeneral is not only still here, but we are also growing, innovating and preparing for the future. The generosity of our supporters has funded critical investments in technology, facilities and care delivery that touch every corner of our region:

- We've added the latest surgical robot at the Thayer Center for Health and provided state-of-the-art training tools at the Alfond Center for Health, ensuring our expert surgical team can deliver exceptional, cutting-edge care.
- We remain committed to innovation by continuing to invest in Remote Patient Monitoring, allowing patients to safely recover at home while staying connected and monitored by our dedicated care teams who can act quickly to address concerns.
- Thanks to the astounding generosity of our community, Phase I of the Harold Alfond Center for Cancer Care expansion is complete, allowing us to meet the growing needs of our friends, families and neighbors facing cancer.
- We've expanded access to birthing and child care services, meeting the urgent needs in our region.
- And we remain here for you, continuing to offer specialized care in orthopaedics, weight loss, urology, long-term care and so much more.

Your belief in our mission sustains our work today and as we face the challenges that lie ahead, your trust means everything to us.

From all of us at MaineGeneral, thank you. We are honored to care for this community and proud to do it with you by our side.

With deep appreciation,



Nathan Howell
President & CEO
MaineGeneral Health

President's Circle Appreciation Event

Giving hearts gathered on May 30 as we welcomed members of our President's Circle (annual and capital donors of \$1,000 or more) to our annual appreciation event at the Alford Center for Health. President's Circle members were presented with a "State of the State" from President & CEO, Nathan Howell, and our Chief Medical Officer, Dr. Steve Diaz.

Their presentation was transparent in sharing the financial challenges MaineGeneral is facing and many of the reasons that led to these circumstances. Increases in labor costs and ongoing issues with reimbursement for services rendered have led to difficult decision making, including workforce reductions and location consolidations. Nathan shared that MaineGeneral is committed to remaining independent and is hard at work planning for our upcoming fiscal year. We've launched a comprehensive financial sustainability plan targeting \$30 million in combined savings and revenue improvements.

MaineGeneral is continuing to invest in infrastructure by moving forward with a \$70 million migration to Epic – a fully integrated electronic health record platform that has become critical to our long term viability. Epic will elevate clinical care, simplify operations and lower IT costs, ultimately yielding long-term savings once implemented.

What shone through every part of the presentation was our gratitude for the support of the audience, as our President's Circle donations have accounted for 20 percent of our total dollars raised so far this year! The event was a wonderful mid-afternoon opportunity to see so many who make MaineGeneral's mission possible. Interested in learning more about joining the President's Circle? Visit give.mainegeneral.org/presidentscircle.



Donor Spotlight: John Reuthe's "Why"



For John Reuthe, giving to MaineGeneral isn't just about philanthropy – it's about community, connection and his late wife's legacy.

He and his wife Elizabeth shared a deep commitment to the people and place they called home. Both lived very engaged lives full of travel, business development, deep friendships and service through community advocacy and volunteerism. "We chose to support MaineGeneral because we both loved this community and believed in strengthening it however we could, whether through charitable giving or volunteering time."

When Elizabeth became ill, they sought services at the Harold Alford Center for Cancer Care, hoping to keep her close to the community they cared so much for. Throughout her cancer treatment, they found not only expert care, but extraordinary kindness and compassion.

"It wasn't only the doctors that provided care – it was the professional staff, nurses and medical assistants that provided a personal touch and made the cancer center feel like a community all its own," John shared. One nurse always made sure Elizabeth had a warm blanket after treatment began and John recalled on the day of the solar eclipse, a staff member ensured every patient had eclipse glasses and the chance to go outside to safely enjoy the rare event. These seemingly small moments were, for John and Elizabeth, profound reminders that they were being cared for in a truly special place.

As Elizabeth's illness progressed, she found great comfort in the holistic care she received at home and throughout treatment. Massage and integrative support helped bridge the space between treatments, bringing comfort and peace during an often painful illness. Witnessing the relief these services brought Elizabeth inspired John to deepen their support.

Elizabeth was able to witness the groundbreaking of the cancer center's expansion during one of her treatments – an exciting milestone they honored by making a capital contribution that same day. The expansion (see p.12) includes the Shuman Center for Hope and Healing, a first-floor wing dedicated to connecting patients with resources, holistic support and education.

Following Elizabeth's passing in the spring of 2024, John made an additional significant gift to help the cancer center offer the same compassionate, whole-person support that made Elizabeth's final chapter so much more comfortable. This generosity is helping to shape the next chapter of cancer care at MaineGeneral by bringing the holistic vision of care to life in the Shuman Center through pilot programs in massage and integrative education.

For John, it's all part of a bigger commitment to his community, and to an organization that reflects the values he and Elizabeth held dear. Through giving, service and heartfelt advocacy, John is ensuring that Elizabeth's legacy lives on in the exceptional care provided every day at the cancer center.

"If you're a member of the community and you have the capacity to give – you should. The hospital is under unbelievable pressure, from every angle. Supporting MaineGeneral is supporting a stronger community – and it's supporting an organization that truly cares about its mission."

– John Reuthe

Community Connections

Meet the generous members of our community who raise funds to support MaineGeneral's mission.



This quarter, Tradewinds' Pumped Up to Fight Cancer program raised \$5,866 for the Harold Alfond Center for Cancer Care, bringing their total giving to \$172,610 – demonstrating that every penny makes a difference for those fighting cancer!



Lawrence High School Girls Basketball hosted their annual Ballin' for a Cure and raised \$750 for the cancer center. What a win for the community!

Erskine Academy students and staff held their annual Cancer Walk, raising \$11,550 for the cancer center. We're so grateful for their continued dedication to walking toward a future without cancer!



United Fitness turned movement into impact with their Pink Belt challenge, raising \$1,200 to support local cancer care. Thank you for showing those facing cancer that no one fights alone!



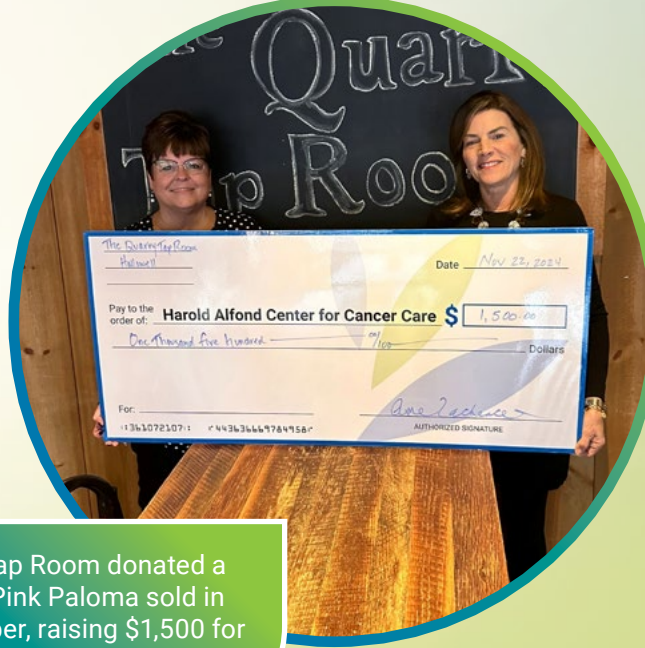
MaineGeneral's Medical Executive Committee generously donated \$2,678 to our Women, Infant and Children (WIC) Program, allowing us to purchase 7,952 diapers and 30 packages of wipes – a contribution that truly makes a difference for local families!

Mix Maine Media teamed up with Aroma Joe's for their annual pink-t shirt fundraiser, raising \$4,500 for the cancer center. Thanks for brewing up this amazing support!



Waterville Elks Riders held a Breast Cancer Awareness fundraiser in October, raising \$3,500 for patient needs at the cancer center. Participants took pledges to dye their goatees, mustaches and even mullets – proving cancer support can come in many styles!

Let's make cancer ancient history! Waterville Senior High School's Junior Classical League raised \$500 through pink t-shirt sales during Breast Cancer Awareness Month.



The Quarry Tap Room donated a dollar for each Pink Paloma sold in the month of October, raising \$1,500 for the cancer center. Cheers to making a difference!

Maine State Credit Union raised \$1,000 to support patient needs at the cancer center in honor of one of their own employees facing cancer. This thoughtful support checks all the right boxes for our patients!



Gardiner Federal Credit Union raised \$2,000 during the month of October for MaineGeneral Medical Center's Breast Care Program, depositing more kindness into our community!



Cony and Gardiner High School Field Hockey put their rivalry aside and teamed up once again for their annual Drive Out Cancer game by raising \$4,979 for the cancer center. They continue to show that even rivals can unite for a good cause!



Gifts of Hope

Highlighting thoughtful Day of Hope donations that bring hope, comfort and joy to those navigating a cancer diagnosis.



Charlie's Family of Dealerships knows that family takes care of one another. The Charlie's family presented MaineGeneral's Harold Alfond Center for Cancer Care with a check for \$56,500 – cruising past their goal of \$30,000!



T-Mobile Foundation donated \$5,000 for technology at the Harold Alfond Center for Cancer Care and volunteered at this year's Day of Hope, showing that their commitment to connecting with the community goes beyond just a strong signal!

Gifts in Kind

Highlighting thoughtful non-monetary donations that bring comfort and joy to those we serve.

MaineGeneral's Compliance team created Jared boxes for the Emergency Departments to make a child's visit to the hospital less scary. To learn more about Jared Boxes, visit www.thejaredbox.org.



Thank you to Lamey Wellehan and Dansko for helping us celebrate Nurses Week by hosting an event with giveaways, raffles and treats for our care teams.



The Augusta Kiwanis Club donated Jared Boxes for children navigating a hospital visit. Learn more about Jared Boxes at www.thejaredbox.org.



Shuman Center for Hope and Healing



Charlie's Subaru donated blankets and care kits to be given out to survivors, fighters and thrivers at our upcoming Day of Hope on October. Their support is always 'wrapped' in kindness, providing comfort to those who need it the most.



Darling's Ice Cream for a Cause truck was at the Walk for Hope finish line at our 2024 Day of Hope. They collected \$186 in donations, proving that a little sweetness can go a long way in supporting a great cause!

Grants at a Glance

Newly awarded grants

- **\$75,000** from the Lewis J. Sheaffer Community Foundation to support school flu clinics, virtual visits and remote patient monitoring.
- **\$60,000** from the University of Maine at Orono and John T. Gorman Foundation to expand the Maine youth behavioral health workforce by integrating evidence-based practice into graduate training.

“The goal of this project is to give new graduates in the behavioral health field current, cutting-edge tools to directly address the mental health needs of Maine’s children immediately upon being hired into the workforce.”

– Liam Shaw,
Behavioral Health Manager

- **\$20,000** from Maine Developmental Disabilities Council to provide care management to youth with intellectual disabilities.
- **\$10,000** from American Cancer Society to support the transportation needs of our patients at the Harold Alfond Center for Cancer Care.
- **\$5,000** from Medical Care Development to support their Rural Northern Border Outreach Program initiative to improve access to health care for people living in Maine’s rural island communities.



The Common Health Coalition awarded us **\$40,000** to support our Community Health Worker program. We are one of only 11 institutions nationally, and the only one in Maine, to receive this award!



Outpatient Speech Therapy Team received a 2025 SPEAK OUT!® Clinical Education Grant. This grant allows members of our team to get trained in the Parkinson’s Voice Project SPEAK OUT!® therapy program.

Grant Impact

- The Community Health Department provided flu clinics for 52 schools in 2024, vaccinating 1,640 students and 568 staff (Lewis J. Sheaffer Community Foundation).
- The cancer center helped patients with 1,440 one-way rides to cancer treatment (American Cancer Society).
- The Central Maine Youth Trauma Initiative screened over 4,200 youth and caregivers for trauma, and enrolled 395 children and 325 caregivers in evidence-based trauma programs (SAMSHA National Child Traumatic Stress Initiative).
- The Harm Reduction Program provided NARCAN® training to 131 organizations, training a total of 2,877 community members (United Way of Kennebec Valley).

Grant Highlights FY 25

32
ACTIVE
GRANTS

32
APPLICATIONS
SUBMITTED

26
GRANTS
AWARDED

Grant Impact

MaineGeneral’s Alzheimer’s Care Center Club Makes Strides: Pilot Funding Boosts Access and Awareness

In 2024, MaineGeneral’s Alzheimer’s Care Center (ACC) Adult Day Program—known as The Club—was proud to be one of only four programs in Maine selected to receive funding from the Maine Department of Health and Human Services, Office of Aging and Disability Services. This \$73,640 pilot grant has made a meaningful difference in the lives of individuals with dementia and their families.

The Club provides a friendly, secure environment for individuals with dementia who live at home. The program is open Monday through Friday from 7 a.m. to 5 p.m. and on the third Saturday of each month.

“Our Adult Day Program is an essential source of support for caregivers and their loved ones with dementia—providing reliable respite care, therapeutic services, meaningful activities and positive social engagement,” says Vanessa Broga, director of the ACC.

While these services are much needed, many families don’t know about The Club or encounter barriers to using the program.

Feedback collected from current club members during the pilot highlighted common challenges:

- 25% of families struggle with the cost of attending the program
- 30% of participants struggle with transportation
- 61% of caregivers are reluctant to drive in bad weather
- 56% cite the high cost of gas as a challenge
- 75% of members said expanded transportation options would be helpful



With this data and grant funding, the ACC was able to implement several impactful changes to raise awareness of the program and remove barriers to participation. These included:

- Expanding transportation from 1 to 3 days per week for families within a 10-mile radius
- Providing gas cards to help families offset travel costs
- Awarding \$4,500 in scholarships to assist with out-of-pocket expenses
- Launching a social media campaign, refreshing promotional materials and creating a virtual tour of the facility to attract new members

The ACC team also continued to help families enroll in benefit programs that cover adult day services, including MaineCare, Section 61 and veteran support programs.

These efforts paid off — within the first four months of making these changes, members logged 830 additional hours of care at The Club.

“We are incredibly thankful to be one of the four programs selected statewide for this pilot project,” Broga says. “It gave us the opportunity to examine access and address barriers to participation.”

As the pilot wrapped up in June, the team has been actively seeking additional funding to sustain and grow these initiatives.

To learn more about The Club, call [207-626-1770](tel:207-626-1770).



Your Annual Support Strengthens Care for Our Community

At MaineGeneral, “We’re With You” is more than a tagline, it’s how we feel. We care for more than 190,000 lives in our Central Maine community – your neighbors, friends, employees, coworkers and loved ones. As a non-profit health system, we exist to serve this community, and we rely on community support to keep our services alive and strong.

As Nathan shared in his message, health care systems across the country are facing serious challenges – from rising costs and service closures, to reimbursement challenges. We remain committed to our independence, our mission and our community in the face of these challenges. Your annual support helps ensure we can continue to provide high-quality, compassionate care, close to home. It’s what our community deserves and it’s what you help make possible.

When you support MaineGeneral’s annual campaign, you help:

- Maintain and strengthen essential services across the region
- Equip care teams with the tools, training and resources they need
- Offer critical programs like behavioral health, hospice care and cancer support
- Provide health care for every patient who walks through our doors – regardless of ability to pay

Our fiscal year began July 1 and it’s never too early to demonstrate your annual support. ↘

Ways to Give



give.mainegeneral.org/donate



Mail your gift to:

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Expanding Cancer Care:

A Progress Update

Thanks to donors like you, the Harold Alfond Center for Cancer Care’s expansion is well underway – and on track for completion in spring 2026. Phase I of the project is now complete, featuring a 28,000 sq. ft. addition, a beautiful new outdoor staircase and a canopy that leads into an enhanced space for healing.

At the center of this milestone is the Shuman Center for Hope and Healing, a dedicated wing where patients and families can access emotional, spiritual and peer support during and after treatment. Counseling, support groups and more holistic programming are taking shape as we continue to build this vision together.

Phase I also added 12 new infusion bays, on the way to a total of 44, to help us care for more patients more comfortably. The Open Access Clinic was relocated next to medical oncology during Phase I, improving coordination for urgent, same-day care. Together, these upgrades are already enhancing patient experience.

What’s ahead in Phase II:

- Expanded pharmacy and lab space to reduce wait times and meet growing demand
- New areas for caregiver and staff education
- Expansion in research and genetics to bring more advanced care close to home

This work is far from finished—but it’s well underway, thanks to you.

Whether you gave to this campaign or simply believe in the mission of MaineGeneral, **thank you for being part of a community that shows up for one another.** Your support is transforming what’s possible, right here at home. ↘

Some gifts may benefit you, too!

If you’re 70½ or older, a Qualified Charitable Distribution (QCD) from your IRA is a powerful way to make a tax-smart gift. These donations can count toward your required minimum distribution and are excluded from your taxable income.

To learn more, visit give.mainegeneral.org/IRA or contact our team directly – we’re happy to help.

Note: This is not professional tax or legal advice. Donors should consult their tax and legal advisors regarding their specific situation.

Thank You

Honoring a Legacy, Shaping the Future

to the many Honoring a Legacy, Shaping the Future Capital Campaign donors who have helped us shape the future of local cancer care so far! This list honors those who have made a capital gift or pledge as of June 30, 2025.

Gift of \$25,000,000

Harold Alford Foundation

Gift of \$1,000,000

The Shuman Family & Charlie's Family of Dealerships

Gift of \$500,000

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Gifts of \$75,000

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The President's Circle recognizes and honors MaineGeneral's leadership donor groups through special recognition and invitations to events throughout the year. Membership begins with an annual campaign gift of \$1,000.

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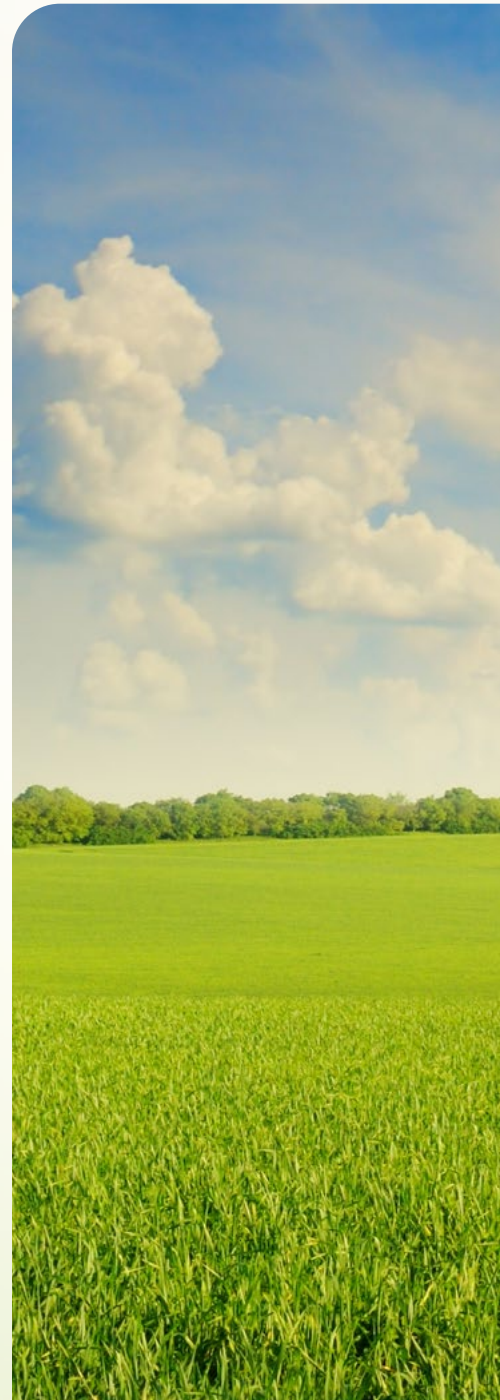
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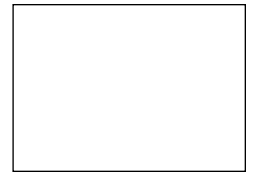


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