Winter 2022

Philanthropy

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Partnering with you to support a healthy community.

Together, We **Hope** p.14

l hope for... A CUre for Cancer

MaineGeneral Believes p.12 DXY of HOPE

Celebrating the Kindness of Our Community p.8

MaineGeneral Health



PhilanthropyMatters serves as a newsletter to MaineGeneral's supporters and friends. Information is written by MaineGeneral's Philanthropy and Marketing staff.

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Special thanks to Jen Bechard Photography and Meredith Hendrickson

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Welcome,

Natalie!

We are pleased to announce that Natalie Corrigan joined the Office of Philanthropy in November 2021. Natalie is rooted in our community, having spent many years working for the Kennebec Valley YMCA. She graduated with a bachelor's degree in Marketing Management from Thomas College in 2019 and is currently pursuing an MBA from Thomas.

Natalie resides in Sidney with her fiancé, Forrest, and golden retriever, Jax. In her spare time, she enjoys hiking and spending time on Messalonskee Lake. On winter weekends you can find her at Sugarloaf hitting the slopes. One day, Natalie hopes to visit and run a race in all 50 states.





Greetings!

Dear Friends,

Warm winter greetings from the MaineGeneral Office of Philanthropy! The New Year is often a time of renewed energy and reflection. We look forward to sharing and reflecting on the generosity that surrounds us in this issue of *Philanthropy Matters*. Despite our highest hopes, COVID-19 has continued to impact our traditional way of operating and we continue to rise to the challenge to raise the critical funding needed to support MaineGeneral's work in keeping our community safe and healthy.

2021 brought another year of change in how we administer emergency care and in how MaineGeneral pivoted to meet the critical vaccination needs of our community (p.4). We had an incredible pool of scholarship recipients who demonstrated what it means to persevere during these challenging times, showing commitment to their education and their pursuit of a health care career (p.6).

Our community continues to show their commitment to caring and their generosity is on full display (p.8). We continue to be inspired by our own employees, who rallied to raise more than \$472,000 for MGH services and the community where we all live, work and play (p.12). We are humbled and inspired to share that, at year-end, we still were able to raise more than \$7.7 million to support MGH (p.21).

We would not be where we are today without you, our supporters and friends. We are so excited to share all the good that surrounds us in this incredible community. We welcome 2022 with full hearts and renewed energy to continue our work supporting MaineGeneral's mission and vision.

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Cheers to a brand new year - we hope to see you!

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MaineGeneral Emergency Care

In the year before COVID-19, 55,000 people received care at MaineGeneral's Emergency Department (ED); roughly two-thirds of those at the ACH and one-third at the TCH.

A common concern patients have about the ED is how long they will be in the waiting room before they can see medical staff.

Long waits in the ED are a national issue, and MaineGeneral's average wait times are similar to those across the nation.

Working with Emergency Department leadership, the Philanthropy team campaigned for GivingTuesday, raising critical funds to support the needs of our mental health and substance use disorder (MHSUD) patients and re-imagine the space in the Emergency Department to address these challenges.

Thanks to supporters like you, and an incredibly generous \$10,000 match from the Nowak Family, we raised more than \$20,000 on GivingTuesday, supporting the Emergency Department MHSUD needs in an effort to maximize space and efficiency in caring for our patients.

GI VING TUESDAY

November 30, 2021

\$20,277 Raised!

- Supporting the needs of our patients and clients with mental health and substance use disorder needs throughout all of our behavioral health services;
- Re-imagining the space in our Emergency Departments to offer specialized care and privacy for our acute mental health, substance use disorder and medical patients, which should reduce wait times for all;
- Supporting telehealth enhancements in our Emergency Departments, making behavioral health consults more accessible and efficient; and
- Providing activities and stimulation for our pediatric behavioral health patients. 1/2

MaineGeneral Vaccinates

Below are some statistics and images from the mass vaccination clinic at the Augusta Civic Center, which closed July 1, and across the community at pop-up vaccination clinics.



46,275 doses at community

health clinics (Augusta Civic Center, Alfond Center for Health and pop-up clinics) 127 volunteers gave 1,462

140

volunteer hours



of whom were offered permanent positions in different roles at MaineGeneral

existing MaineGeneral Health employees worked at the clinics

MaineGeneral Scholarships

Every year, MaineGeneral awards scholarships to students from MaineGeneral's service area who are pursuing a degree in a health-care-related field employable by MaineGeneral. Our scholarship program is made possible through the generosity of many donors and, below, are the grateful recipients of our 2021 program. To learn more about the MGH Scholarship program, visit give.mainegeneral.org/scholarship. *V*



"I am so grateful to have received this scholarship. Thank you so much for not only your generous donation but also your time and dedication to the program so opportunities like this are available. I deeply appreciate all the thought and effort in selecting recipients for this scholarship. I am excited to continue my education and even be able to pursue higher education post-graduation with this scholarship. Thank you for investing in the future of health care professionals!"



"I am incredibly grateful to be awarded this scholarship. Being considered worthy to be invested in is a great honor. I plan to use the funds to continue my college education with hopes to obtain my BSN at UMA. Thank you, MaineGeneral!"











"Thank you to the MaineGeneral donors for my scholarship and the financial support! This is me providing my first flu vaccine."



"I wanted to take a moment to thank those who have helped me to further my career. I appreciate the assistance in maintaining my ability to pay for my education."



2021 Scholarship Recipients

Maddie Beckwith Jane Blanchard Alyssa Bourque Sarah Brooks Jennifer Brown Molly Calkins Megan Charrier Anissa Chase Jada Choate Marsha Clifford **Kassidy Collins** Nichole Cruz Bridget Davis Katie Doughty Sara Doughty Taylor Easler Kelly Fairfield Laurie Flood-Jensen Elizabeth Fulling Charity Gobeil Andrew Goodall Cecilia Guadalupi MacKenzie Guerin Abigail Haskell Leah Hayes Joy Hedrick Cari Hopkins Sidney Knox Chantelle LaCroix Haylee Langlois Hannah LeClair Laurissa Lewis Emily Lyman Jodi Martin **Ouinton Martin** Cassidy McIntire

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Dawson Turcotte Andrew Vachon Jenna Veilleux Jami White Katie York Elizabeth Young

\$37,850 given to 59 students

"I am sincerely honored to have been selected as the recipient of the Michele Joly Scholarship. Thank you, MaineGeneral Health, for making this scholarship possible and I am deeply appreciative of your support. The financial assistance you provided will be of great help to me in paying my educational expenses as I finish my last semester of nursing school. I hope to become a labor and delivery nurse upon graduating from the University of Southern Maine. Thank you again for your generosity and support!"





Hair Designs Unlimited \$3,422 to the HACCC

While we would have loved to see the Hair Designs Unlimited crew in person at this year's Day of Hope, offering colored hair extensions and rallying around our cancer community, they made the best of our virtual environment – offering hair extensions, holding raffles and accepting donations at their salon.

Lee Auto Malls

More than 300 meals to our grateful staff!

Lee Auto Malls honored our incredible care teams at the Alfond Center for Health by providing meals to both day- and night-shift staff for all patient floors.



Johnny's Selected Seeds

More than 2,500 tulip bulbs given to staff throughout the organization

Johnny's Selected Seeds is on a mission to plant happiness and share the joy of flowers. Tulip bulbs were given to staff to sow in the fall, with orange blooms to enjoy and bring happiness in the spring.





Tradewinds \$20,007.46 to HACCC

In 2021, Clinton Tradewinds has donated a total of \$20,007.46 to the HACCC with money raised from their Pumped Up to Fight Cancer fundraiser, bringing their overall giving total to \$83,603.82.

ACC Cares

\$23,500 to the HACCC

On Aug. 12, the Augusta Country Club hosted the sixth annual ACC Cares Golf Tournament, raising \$23,500 for the HACCC, making it their best year ever and bringing their cumulative total to \$89,138.78.

ACCREA Management September 21 - 2021 Management September 21 - 2021 Thenty five thousand three hundred - Marca Marca For Patient Needs The District Sector of the District Sector



Sadie and Tyanna's Lemonade Stand \$100 to the HACCC

Meet Sadie and Tyanna – two middle-school students who chose a hot summer day to make a difference selling lemonade, popsicles and bracelets at a pop-up stand in Waterville. When asked what inspired them to take this on, Sadie said, "I am just so thankful for everything the HACCC has done for my family. They've taken such great care of my dad and grandfather, and we wanted to do something to show our thanks."

Longfellow's Greenhouse

Over 200 poinsettias to our grateful LTC Staff

On December 23, Longfellow's Greenhouses donated more than 200 poinsettias to our long-term care (LTC) facilities, Glenridge and Gray Birch, for employees and residents to enjoy. Thank you, Longfellow's Greenhouses, for helping spread some holiday cheer in our LTC facilities.





Hight Ford \$3,300 to the MGMC Breast Care Program

For every car sold in the month of October, Hight Ford made a donation to the MaineGeneral Breast Care Program in honor of Breast Cancer Awareness Month.



GFCU \$2,000 to the MGMC Breast Care Program

Gardiner Federal Credit Union presented MaineGeneral Medical Center's Breast Care Program with a check for \$2,000. During October, the GFCU team held raffles, sold long-sleeved breast cancer awareness shirts and accepted donations from the community and staff – which GFCU matched!

107.9 The Mix

\$3,000 to the MGMC Breast Care Program

107.9 The Mix presented the Breast Care Program with a check for \$3,000. They sold pink Breast Cancer Awareness shirts at local businesses and raised \$1,900. 107.9 The Mix made an additional donation for \$1,100.

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CB Plourde \$2,500 to the HACCC

October was Breast Cancer Awareness Month and for every house listed or sold with a Coldwell Banker Plourde Real Estate agent during the month, a donation was made to the HACCC to benefit patients receiving treatment.



Each fall, MaineGeneral teams up with our local United Way partners to support the community where we live, work and play. Five priority MGH missions are chosen, along with United Way's programs and services, as we ask our employees what they **believe**. We ask them to consider what is close to their hearts and make a gift in support of programs that align with their charitable priorities.

Our 2021 MGH Beneficiaries:



Enhancing and upgrading the activities areas and outdoor spaces at our LTC facilities



Providing financial support to MGH employees, enabling them to participate in professional development opportunities



Upgrading housekeeping technology to improve bed turnover



Supporting Hospice patients and caregivers



Helping members of the MGH family during times of hardship







\$472,326 total raised by 1,457 employees



MaineGen



MaineGeneral Health DY of HOPE

\$167,399 total raised to support local cancer care



671 registrants

48 teams



This year, we had high hopes to gather in person at the Augusta Civic Center for a day of inspiration, celebration, education and walking around the beautiful University of Maine Augusta campus on October 2. But like many best-laid plans in 2021, we had to re-imagine our annual Day of Hope. Though we weren't able to see and walk with a crowd of smiling faces, the momentum of supporting those with cancer was not hindered. Our second annual Day of Hope was again virtual and this amazing community stepped up to the challenge, rallying to support the patients and programs at the Harold Alfond Center for Cancer Care (HACCC).

The Alfond Angels, a team comprised of HACCC staff and friends of the HACCC, completed a 40-hour relay around the Healing Gardens, carrying the names of every patient treated since HACCC's opening in 2007. When walking, they were surrounded by purple pinwheels, purchased by members of the community in honor of friends, loved ones and staff members.

On October 2, we launched our opening ceremony, Hope Beyond All Measure, sharing stories of hope and inspiration from two strong women: Janelynn Deprey, a nurse, wife and mother of three young children who bravely faced a breast cancer diagnosis (p.18); and Caroline Hendrickson, a 14-year-old girl who shared the impact of her father's cancer diagnosis (p.19). Caroline was accompanied by her parents, Meredith and Brad, and they shared how truly supportive this community is.

Many teams hosted their own walks in their neighborhoods and on local trails, submitting photos as they did. From central Maine all the way to North Carolina and Arizona, we had people from across the country showing up and letting those with cancer know that no one fights alone.

We are incredibly thankful to everyone who joined us to support local cancer care and we remain hopeful that we can gather together soon. Please save the date: October 1, 2022!

To access the videos referenced above, please visit www.maingeneral.org/dayofhope. 1/2

Thank You to our sponsors:



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Augusta Fuel Company Capital Area Federal Credit Union Lincoln Financial Group Sappi WIPFLI Lajoie Brothers Inc The Snowman Group We're walking in honor of you Your Alfond Angels DXY of HOPE

The Day of Hope supports:



Food insecurity, transportation assistance and other patient needs



The Day of Hope supports:



Patient navigation and financial services





Thank you to our Day of Hope Sponsor:



Charlie's Family of Dealerships Medical Center Medical Center Maine General December 1 2021 \$ 30,000 **/00 DOLLARS Store SALMAN

SUBA

Day of Hope 11-5845 OF 100





The Day of Hope supports:



Equipment and technology upgrades







The Day of Hope supports:



Expanded access to telehealth services

Meet Our



We are so grateful to Janelynn Deprey and Caroline Hendrickson for sharing their stories and inspiring others with their courage and words of wisdom as our 2021 Day of Hope speakers. Both were featured during our "Hope Beyond All Measure" ceremony.

Meet Janelynn

Janelynn, a MaineGeneral nurse since 2011 who now works as director of the emergency departments in Augusta and Waterville, was halfway through her third pregnancy when she found a lump in her right armpit. Having breastfed two older children and about to do the same with a newborn, she thought a clogged milk duct was to blame.

Twelve weeks after son Corbin was born in July 2020, the lump was still there. She had an ultrasound on her first day back to work as the nursing float pool supervisor at MaineGeneral's Alfond Center for Health. Three days later, as she heard "You have breast cancer," Janelynn knew her life had veered down an unexpected, uncertain and terrifying path.

The weeks and months that followed brought countless appointments, consultations, surgical intervention, chemotherapy and radiation. But Janelynn found courage in her diagnosis.

Hearing I had cancer and thinking about my three kids – what I might miss, what an uncertain future they now had – I knew I had to fight," Janelynn says. "I fight every day to live for my children. You can still live your life after a diagnosis that's so harsh. Cancer is scary and being scared gives me the drive I need to get out of bed every day – to fight for my family and to fight for my future."

During her Day of Hope message, one key takeaway she offered was the importance of finding motivation to continue living actively.

"I want to encourage others to have the drive to continue and live their lives as normally as possible," she adds. "Some days are physically taxing, others are mentally exhausting. That comes from not knowing what's going to happen next. It's normal to feel scared while fighting this terrible disease, but being scared should never take away your fight. It should make you fight harder."

Meet Caroline

At the start of her eighth-grade year at St. Michael's School in August 2020, Caroline Hendrickson's life was "pretty perfect." Her main focus was working toward high grades in the classroom and success on her sports teams.

That idyllic period ended in December when her father Brad was diagnosed with stomach cancer. For Caroline, the devastating news forced her to grow up quickly.

"With one little sentence telling me he had cancer, my whole world changed," she said. "I've learned so many things since then. The hardest thing to learn was that life still had to go on and I had to finish the school year. It was a bumpy road to travel."

Caroline's first adjustment was trying to process powerful and ever-changing emotions. Aside from her school principal, cancer survivor Kevin Cullen, she didn't know anyone who had cancer.

Her feelings aligned with the stages of grief one experiences following a significant life hardship or loss of a loved one – first denial and anger, then bargaining, depression and, finally, acceptance.

She was afraid her dad was going to die and also was angry that older sister Lauren had more time with him than she had.

"I started talking to people – my teachers and two really close friends – and that helped me a lot," she says. "My teachers were my biggest supporters and my principal also was a really good person to talk to. They'd check in daily to see if I was okay."

What started as a personal, isolating experience for Caroline, turned into an inspiring, shared experience with her community and family.

Caroline, now a sophomore at Cony High School, looked forward to demonstrating her support for the



HACCC, rallying around her father and others facing cancer. During her Day of Hope message, she spoke proudly about her participation in Cony and Gardiner's annual Drive Out Cancer fundraising event (learn more on p.20).

I've really learned that family is the most important thing," Caroline says. "Early on, when he got the bad news about his cancer diagnosis, my dad said he only had one life and wasn't going to give up. He was going to fight for it and I learned that I had to fight, too."

To learn more about MaineGeneral's cancer care program, visit www.mainegeneral.org/cancer. 1/2









Two teams, one cause: fighting cancer in our community.

The Cony and Gardiner field hockey teams have done it again! This time hosted by Cony, these two rival teams put their game faces on and played to support the Harold Alfond Center for Cancer Care during the annual Drive Out Cancer game.

Thank you to the coaches, captains and players for driving out cancer in our community and raising more than \$4,000 to support local cancer care.

It's not just a field hockey game, it has a deeper meaning. My experience has opened my eyes. It's not just my dad who has cancer. There are so many people in this community who have so many different types of cancer. We play this game for them and to support their fight."

> - Caroline Hendrickson, Cony field hockey player

Read Caroline's story on p.19.

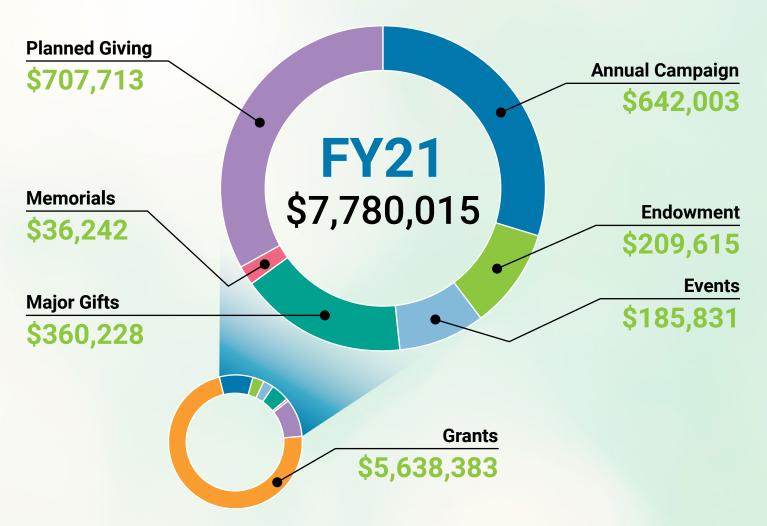




In spite of COVID-19, our donors have been generous, exceeding expectations for the sixth consecutive year!

• July 2021 benchmarking reports a 4.5 percent decrease nationally in health care fundraising; at MaineGeneral, our annual campaign dollars have increased – 12.8 percent in FY20 and 15.8 percent in FY21.

Below is a breakdown of the allocation of dollars raised in fiscal year 2021 (FY21). We are so grateful for the support of our incredible community!



Figures reflect FY21 year end, July 1, 2020 to June 30, 2021.

7/1/20 - 6/30/21



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35 Medical Center Parkway Augusta, ME 04330

Sending you *Warm wishes* for the **New Year!**



